



Newsletter
January 19, 2010

What a Year!

Thank you, thank you, and thank you. What else can we say to everyone that gave his or her support to our growing venture. Even with the sour economy, monsoon rains and cool temps that plagued Vacationland and a total crop failure of all our pumpkins and winter squash we still had a spectacular year with a 25 % increase in sales over 2008. We look forward to 2010 and serving you with a bigger, better and sweeter "Sweet Season".



Eat Maine Foods!

Visit www.eatmainefoods.org



Café now closed until April.

We closed the café at the end of November and are now in the process of tearing everything apart, cleaning, painting and making some small adjustments in the layout of the kitchen and dining area. Thanks to Fresh Off The Farm in Rockport

we continue to bake in the “sour season” and you can reminisce and get a taste of the “Sweet Season” there. You can find our cookies, muffins, quick breads, brownies and whoopie pies along with a full line of fresh baked goods from other local purveyors. Please patronize Fresh Off The Farm on Rte. 1 as they are committed to offering local products and helping small farms and businesses remain viable in these challenging economic times.



Summer just a fleeting memory



Winter a daily reminder

The Farm Front.

Huge news on the farm front, we would like to announce that Matt Yoder and Colleen Mcloughlin of Yoder Heirlooms are joining forces with Sweet Season Farm and will be taking over and managing all farm operations. Matt and Colleen hale from Pennsylvania and specialize in organic heirloom fruits and vegetables. I reviewed their planting list and was amazed at the varieties of

produce they intend to grow. For example they are planting 10 varieties of carrots in every color, 19 varieties of beans, 8 varieties of beets, 11 varieties of potatoes and 12 varieties of tomatoes just to whet your appetite. I'll be providing a full list of produce along with the expected harvest dates in a later issue. In addition to stocking the farm store they will also be offering a limited number of CSA's (see the CSA flyer below for more info) and be represented at several farmers markets. For more info go to our new CSA web page.

As they adjust to a snowy zone 5 and are beginning to wonder why they came so far north please feel free to drop them a line and offer a bit of encouragement or something you'd like them to grow for you at yoderheirlooms@yahoo.com or www.info@sweetseasonfarm.com.

Farm Stay Now Available.



We are putting the finishing touches on a completely restored three-bedroom brick farmhouse that will be available for rent by the week for the upcoming season. Eat breakfast by the antique cook stove with a magnificent view of Appleton Ridge or take a leisurely walk through the gardens and raspberry patch to the onsite café. Tour the fields and see where our organic produce is grown. Hike the many trails and take in the wildlife that abounds on this 100 acre working farm. Sweet Season Farm is centrally located and only 25 miles from the coastal vacation destinations of Rockland / Camden. Please check back for an updated Farm Stay page or call 207-845-3028 for more details and available dates.

Quote Of The Month.

“There is no subjugation so perfect is that which keeps the appearance of freedom, for in that way one captures volition itself.”-Jean-Jacques Rousseau

Clip & Save

Please help us grow and post in a conspicuous location.

Thank you for supporting our small family farm.

2010 CSA

YODER HEIRLOOMS
@
SWEET SEASON FARM

- Ten week share (June-Aug)
- \$200
- \$20-25 in fresh vegetables every week
- over 150 varieties of heirloom /open-pollinated fruits, vegetables and herbs
- we grow using organic methods and apply no sprays
- pickup is at the farm, which is home to a quaint café serving meals with local products
- call 207-845-2476 for more information
yoderheirlooms@yahoo.com



Anticipated Crops

- Arugula
- Beans
- Beets
- Broccoli
- Cabbage
- Carrots
- Chard
- Cucumbers
- Eggplant
- Kale
- Kohlrabi
- Leeks
- Lettuce
- Melons
- Onions
- Peas
- Peppers
- Potatoes
- Radishes
- Shallots
- Spinach
- Squash
- Tomatoes
- Strawberry
- Raspberries
- Blueberries

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